



# CLASS SCHEDULE

	5:00 AM	6:00 AM	8:30 AM	11:00 AM	4:00 PM		5:00 PM	6:00 PM
<b>MONDAY</b>	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	LYFE Fit
<b>TUESDAY</b>	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	LYFE Fit
<b>WEDNESDAY</b>	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	LYFE Fit
<b>THURSDAY</b>	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	LYFE Fit
<b>FRIDAY</b>	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	
<b>SATURDAY</b>	LYFE Fit @ 9:00 am **							
<b>SUNDAY</b>	Open Gym 1:00 - 3:00 pm							

**\*\*Kids playroom open & attended during these classes only**