



CLASS SCHEDULE

	5:00 AM	6:00 AM	8:30 AM	11:00 AM	4:00 PM		5:00 PM	6:00 PM
MONDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	
TUESDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	
WEDNESDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	
THURSDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	
FRIDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Fit**		LYFE Fit	
SATURDAY	LYFE Fit @ 9:00 am **							
SUNDAY	Open Gym 1:00 - 3:00 pm							

****Kids playroom open & attended during these classes only**