



CLASS SCHEDULE

	5:00 AM	6:00 AM	8:30 AM	11:00 AM	4:00 PM		5:00 PM	6:00 PM
MONDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM				
TUESDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Kids			
WEDNESDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM				
THURSDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM	LYFE Kids			
FRIDAY	LYFE Fit	LYFE Fit	LYFE Fit**	OPEN GYM				
SATURDAY	LYFE Fit @ 9:00 am **		LYFE Kids @ 10:15 am					
SUNDAY	Open Gym 1:00 - 3:00 pm							

****Kids playroom open & attended during these classes only**